

**Arapahoe County Council on Aging
Meeting Minutes: October 24, 2022 via Zoom**

Jo Glaviano, Acting ACCOA Co-President, called the meeting to order at 1:03pm.

Motion to Approve August & September Meeting Minutes: Motion: Andrea Suhaka;
Second: Bob Epstein. *Motion approved.*

President's Report: Johanna Glaviano: ACCOA is still in need of a President. If you are interested in this position, please contact Courtney Stryker or Johanna Glaviano. We are scheduled to vote on the positions in November.

We are planning to hold ACCOA's Annual Meeting in January in-person. We are deciding between three locations: Aurora Center for Active Adults, Caley Ridge Assisted Living, Malley Senior Recreation Center. Keep in mind that we invite County Commissioners and City Council members, so it might be advantageous to keep it to Englewood.

Treasurer's Report: Barbara Boyer. As the administrative position has been dissolved, we will have extra funds. Current: Checking account: \$5,975.91; Money Market: \$10,010.00.

DRCOG Report: Andrea Suhaka, Barbara Boyer, Fonda Buckles, Cathy Noon: DRCOG continuing outreach and discussion around securing additional funding, also revamping transportation program; there is no waitlist for case management or options counseling; the Consumer Assessment Survey for Older Adults (CASOA) shows one of the greatest needs as information and assistance; the funding sub-committee meets early November to determine what to do with funds leftover, primarily from organizations that were not able to use funds due to staff shortages; please contact the DRCOG SHIP program for assistance during open enrollment; DRCOG Advisory Committee on Aging: <https://drcog.org/node/988296>

Legislative Report: Bob Epstein. At this morning's Colorado Center for Aging meeting, Marnie Biln with All About Seniors and the Colorado Placement & Referral Alliance talked about legislation around assisted living referrals, including <https://leg.colorado.gov/bills/hb19-1268>; and <https://leg.colorado.gov/bills/hb20-1101>. Governor's budget due November 3rd.

Safety Report: Jamie Sorrells: Consistently seeing consumer fraud and economic crime, high season for contractor fraud, lottery and sweepstakes winnings scams, money making and investment schemes; expect to see increase in donation and charity giving scams at this time of year; beware of courier and mail schemes through links via text message.

Eastern Plains: Krista Keller: Krista presented about Medicare in eastern plains; in person events are greatly appreciated for eastern plains folks to attend.

Community Awareness: Krista Keller: Please let us know if there are any upcoming events where ACCOA should be present.

Presentation:

Speakers: Fonda Buckles, Denver Regional Council of Governments (DRCOG)

Topic: Key Stakeholder Conversation for the AAA 4-year plan

- What are the biggest challenges facing the older adults that you serve?
 - Workforce / staffing shortage, transportation, affordable housing, including rent increases after covid, increase in HOA dues; need for consistent affordable housing/utilities assistance/annual water bills; concerned about increases in utilities this season
- If there was one service in Arap County that we should invest in, what would it be?
 - Transportation, housing, information dissemination
- How has covid impacted your community, older adults?
 - People are more frightened about leaving home, having people in the home; increase in isolation; avoiding medical appointments for two years has led to increase in acuity

Community Announcements:

Jo Glaviano: Senior Circle meeting November 9th via Zoom: Melissa Smith will provide an overview of Tri-County Health Dept's healthy aging data dashboards for Adams and Arapahoe counties. To register for the event, click here:

<https://us02web.zoom.us/meeting/register/tZYscuiqD4uG9NvnkaEu3RfCYOXAtsphq4L>

Sean Fujimoto: For questions regarding Meals on Wheels, Congregate Dining sites, or Handyman programs in Arapahoe County email me sfujimoto@voacolorado.org and I will pass it to the right program.

Fonda Buckles: Denver Basic Income Pilot Project, please contact: Kelsie Jurin 303-345-5904; <https://denverbasicincomeproject.org/participate>

Amanda Varga: Arvada: "Reverse Mortgage Myths - Real Stories Behind the Loans" on Friday, 10/28 and "What Your Heirs Should Know If You Have A Reverse Mortgage" on Friday, 11/4. Both from 12-1 at Morning Story Restaurant on 80th & Sheridan. Malley Center: What Your Heirs Should Know If You Have A Reverse Mortgage" 11/14 10-11am

Barbara Boyer: AgeWise: Can Alzheimers be prevented? webinar Wed Oct 26th; AgeWise Colorado is a relatively new nonprofit providing a free, easy-to-use hub for vetted information and resources to help seniors age in place. We are especially targeting adult children of seniors and looking for a variety of new Participating Providers. For more info, contact Barbara: barbara@agewisecolorado.org or direct line is 303-940-3504

Meeting adjourned at 2:30pm, there were 14 people in attendance. Minutes prepared by Johanna Glaviano, Secretary.