**Arapahoe County Council on Aging**

**[DRAFT] Meeting Minutes: November 28, 2022 *via Zoom***

Jo Glaviano, Acting ACCOA Co-President, called the meeting to order at 1:03 pm.

**Motion to Approve October Meeting Minutes:** Motion: Andrea Suhaka, Second: Bob Epstein. *Motion approved*.

**President’s Report**: Johanna Glaviano. We are planning to hold ACCOA’s Annual Meeting on January 23rd in-person, details coming soon. The plan for the January meeting is to network, review ACCOA’s goals, discuss attendance and who else needs to be at the meetings, discuss what was learned at September’s summit. Suggestion: It would be helpful to have updates at ACCOA meeting of waitlist status of Human Resources, DRCOG programs.

**Motion to Approve ACCOA Officers:**

President – Courtney Stryker  
Vice President – Krista Keller  
Secretary – Johanna Glaviano  
Treasurer – Barbara Boyer

Motion: Bob Epstein, Second: Cathy Noon. *Motion approved.*

**Treasurer’s Report:** Barbara Boyer. Current: Checking account: $5,975.91; Money Market: $10,010.08. No outstanding bills.

**DRCOG Report:** Cathy Noon, Fonda Buckles: DRCOG recently held a special meeting to approve an additional $2.7 million of funding; approved additional new contractors to help with chore services, which is in most need of staffing: Griswold Home Care (Broomfield), Apollo Homecare Services (Aurora), Parker Personal Care (Lakewood); exploring a pilot program for meal vouchers in Douglas County mountain area and Eastern Plains to help supplement congregate meals; DCROG will not meet again until January.

County Council Summit: The sub-committee met and reviewed feedback from the Summit; overwhelming feedback to continue meeting on a regular basis, so there is planning for that; DRCOG is looking in to how it can help and how commissions and counties can help, including what more can groups do in the community and how to increase membership.

**Legislative Report**: Bob Epstein. At this morning’s Colorado Center for Aging (CCA) meeting, Jarett Hughes, Senior Policy Advisor on Aging, and Geoff Alexander, Principal Analyst DOLA, CDHS, provided an overview of 2022 bills that have been signed, as well as a review of Fiscal Year 23-24 Budget. The CCA meeting also included a review of advocacy topics for 2023 from survey sent earlier.

**Safety Report**: No report.

**Eastern Plains**: Courtney Stryker: Meeting with DRCOG representatives about Easter Plains, main takeaways are need for transportation and caregiver support, continuation of food boxes.

**Community Awareness**: No report.

**Presentation:**

Speakers: Nancy Falk, Executive Director, Nourish Meals on Wheels

Topic: More than a meal!

* In addition to providing a meal, Meals on Wheels helps individuals stay independent, helps reduce isolation and loneliness, provides well checks
* Menus are monitored by a registered dietician and consist of an entrée, vegetable, side dish, and dessert.
* Meal contributions: 41% are completely free to client, 27% of meals are entirely paid by clients/family, 32% of meals are partially reimbursed
* More than 500 volunteers, 31 routes per day
* Nourish is funded through meal payments, individual donors, grants and foundations

**Community Announcements**:

Andrea: Next year, CDOT will provide a Bustang from Limon to Peoria Station RTD light rail for seniors on eastern plains.

Peter Hjelmstad: Senior Helpers Littleton’s Grand Opening & Ribbon Cutting, Monday, Dec 5th, 151 W Mineral Ave, #121, Littleton

Courtney Stryker: Utility/Natural Gas prices are increasing significantly. 50-113% for some already. We are encouraging LEAP Applications for any low-income households. https://cdhs.colorado.gov/leap. Xcel Energy also has come out with some assistance programs of their own: <https://co.my.xcelenergy.com/s/billing-payment/energy-assistance>

Cheryl Adamson: Cherry Creek Retirement Center Holiday Social, Wed, Dec 14th, 1:30-3:00pm.

Barbara Boyer: AgeWise webinar “Geriatric Trained Health Care Providers, Wed, Dec 7th.

Meeting adjourned at pm, there were 17 people in attendance. Minutes prepared by Johanna Glaviano, Secretary.