

**Arapahoe County Council on Aging
Meeting Minutes: August 22, 2022 via Zoom**

Jo Glaviano, Acting ACCOA Co-President, called the meeting to order at 1:03 pm.

Motion to Approve July Meeting Minutes: Motion: Andrea; Second: Barbara. *Motion approved.*

President's Report: Linda Haley leaving Colorado on September 2nd

Treasurer's Report: Barbara Boyer. ~\$6,200 checking; \$10,009.84 in money market.

DRCOG Report: Cathy Noon: Re: County Council Summit: Will send details after DRCOG's meeting this Friday including the limit for each county council; summit topics will include the Older Americans Act, aging demographics in the region; also facilitated conversations, and polling of attendees, lunch will be provided, good opportunity for collaboration as council network; Andrea approved as DRCOG representative through County Commissioners and DRCOG.

Legislative Report: Bob Epstein: CCA pursuing two bills that were held back or removed last session, including two transportation bills (reimbursement for dialysis and NEMT); discussion about Colorado Commission on Aging's areas of focus, new members appointed by September 1st and engagement of former SAPGA members.

Safety Report: Linda Haley: A community member was scammed after choosing companies listed in the "Five Star Rated, 2022 Arapahoe County Colorado" green booklet, those businesses are not vetted by the county.

Eastern Plains: No report.

Community Awareness: Older Adult Forum at Aurora Center for Active Adults, Friday, August 26th, 8:00a-12:30p; Heather Gardens Resource Fair, September 16th, 10:00a-2:00p.

Presentation:

Speakers: Janine Vanderburg, Director, Changing the Narrative; Chair, Encore Network Leadership Council

Topic: Ending Ageism Together

- Ageism: Prejudice, Stereotyping, Discrimination based on Age; today focused on ageism directed at older people
- Research Findings re: U.S. Cultural Narratives (Frameworks Institute, 2017): Aging is all downhill: nothing good happens when you're older; Us v them – selecting funding that benefit younger people first instead of everyone collectively; Individualist: if people not doing well in older age, it's their fault, creates barrier to funding, legislative change
- Guidelines for Age Inclusive communications: https://changingthenarrativeco.org/wp-content/uploads/2022/01/Guidelines-for-Age-Inclusive-Communications_ChangingtheNarrative-1.pdf

- Age-Positive Beliefs are linked to: increased longevity, improved health, reduce likelihood of dementia
- Research-Based Strategies to Reduce Ageism: Education about ageism and implicit bias, research-based communication to talk about aging, intergenerational connection and education, law and public policies

Community Announcements:

Cathy Noon: DRCOG will host the County Council Summit on September 30 at the Fossil Trace Golf Course in Golden from 8:30a to 2:30p; details to come.

Jo Glaviano: Senior Circle, 9/14, 1:00p, virtual, topics: Arapahoe Libraries Older Adult Services; transitions of care for justice involved seniors. Register:

<https://us02web.zoom.us/meeting/register/tZctc-moqj8tGdAV9puo6JwNHAXEoqvE1rC7>

Tina Francone: The 18th Judicial District is holding the Fall 2022 Citizen's Academy Sept. 15 - Oct. 26. Application here: www.DA18.ORG/COMMUNITY-OUTREACH/CITIZENS-ACADEMY; contact JSORRELLS@DA18.STATE.CO.US

Krista Keller: Presenting at AgeWise webinar: What's New: Medicare & Medicaid; Sept 8th, 11:30a-1:00pm

Meeting adjourned at 2:10pm, there were 20 people in attendance. Minutes prepared by Johanna Glaviano, Secretary.